

2018 ONTARIO LIFEGUARD CHAMPIONSHIPS
Registration Package

***The Lifesaving Society invites you to the annual Ontario Lifeguard Championships
hosted by the Town of Oakville***

DATE	July 28 & 29, 2018												
LOCATION	Town of Oakville – Iroquois Ridge Community Centre, 1051 Glenashton Road, Oakville, ON L6H 6Z4 905-338-4255.												
COMPETITION	The competition is sanctioned by the Lifesaving Society. Event rules will be in accordance with the 2015-2019 (Revised 2017) Edition of the <i>ILS Competition Rule Book</i> , the 2016 Edition of the <i>Canadian Competition Manual</i> , the 2016 Edition of the <i>Ontario Competition Manual</i> , and any 2018 Communiqués. Go to www.lifesavingsociety.com for details.												
ELIGIBILITY	All competitors must hold a current National Lifeguard certification and be a registered athlete. Competitors must be at least 16 years of age by July 28, 2018.												
EVENTS	<table border="0" style="width: 100%;"> <tr> <td style="text-align: center;">First Aid</td> <td style="text-align: center;">Obstacle Relay</td> </tr> <tr> <td style="text-align: center;">Water Rescue</td> <td style="text-align: center;">Medley Relay</td> </tr> <tr> <td style="text-align: center;">Priority Assessment</td> <td style="text-align: center;">Manikin Relay</td> </tr> <tr> <td></td> <td style="text-align: center;">Line Throw Relay</td> </tr> <tr> <td></td> <td style="text-align: center;">Lifeguard Skills Relay</td> </tr> </table>			First Aid	Obstacle Relay	Water Rescue	Medley Relay	Priority Assessment	Manikin Relay		Line Throw Relay		Lifeguard Skills Relay
First Aid	Obstacle Relay												
Water Rescue	Medley Relay												
Priority Assessment	Manikin Relay												
	Line Throw Relay												
	Lifeguard Skills Relay												
ENTRY DEADLINE	Registration must be received by Tuesday July 10, 2018. Refunds will not be issued after July 10 th , nor will they be issued for clubs or competitors who fail to show up for the Championships.												
ENTRY FEES	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: center; padding: 5px;"><u>Competitor Fee</u></th> <th style="text-align: center; padding: 5px;"><u>Technical Event Entry Fee</u></th> <th style="text-align: center; padding: 5px;"><u>Relay Event Entry Fee</u></th> </tr> </thead> <tbody> <tr> <td style="text-align: center; padding: 5px;">\$21.45 per each competitor</td> <td style="text-align: center; padding: 5px;">\$26.75 per team per event</td> <td style="text-align: center; padding: 5px;">\$10.70 per team per event</td> </tr> </tbody> </table>			<u>Competitor Fee</u>	<u>Technical Event Entry Fee</u>	<u>Relay Event Entry Fee</u>	\$21.45 per each competitor	\$26.75 per team per event	\$10.70 per team per event				
<u>Competitor Fee</u>	<u>Technical Event Entry Fee</u>	<u>Relay Event Entry Fee</u>											
\$21.45 per each competitor	\$26.75 per team per event	\$10.70 per team per event											
ACCOMMODATION	Hampton Inn by Hilton Toronto-Mississauga West, 2085 North Sheridan Way, Mississauga. www.torontomississaugawest.hamptoninn.com . Please call 905-823-8600 and quote Group Code LSO or http://hamptoninn.hilton.com/en/hp/groups/personalized/X/XOKCNHX-LSO-20180727/index.jhtml?WT.mc_id=POG when booking your room to get the special \$149.00 + taxes. 2 Queen beds, hot breakfast buffet & parking incl. Booking deadline June 27, 2018.												
REGISTRATION	Send registration form with method of payment – cheque (payable to the Lifesaving Society), money order, purchase order, VISA, American Express or MasterCard – to:												
	Lifesaving Society 2018 Championship Registration 400 Consumers Road Toronto, Ontario M2J 1P8	Phone: 416 490 8844 Fax: 416 490 8766 Email: sport@lifeguarding.com											

ONTARIO LIFEGUARD CHAMPIONSHIPS – SCHEDULE

Friday July 27th

7:00 – 9:00 pm Key Officials Meeting

Location

Iroquois Ridge Community Centre

Saturday July 28th

7:30 am Coaches Meeting
8:00 am Officials Meeting
8:45 am Opening Ceremonies
9:00 am Lock-Up for Priority Assessment (Prelims)
9:30 – 11:00 am Priority Assessment (Prelims)
11:30 am Lock-up for Priority Assessment (Finals)
12:00 – 1:30 pm Priority Assessment (Finals)
2:00 pm Lock-Up for Water Rescue (Prelims)
2:30 pm – 4:00 pm Water Rescue (Prelims)
4:30 pm – 5:15 pm Warm Up for Relays (Finals)
5:15 – 7:00 pm 4 x 25m Manikin Relay (Finals)
4 x 50m Medley Relay (Finals)
4 x 50m Obstacle Relay (Finals)
Line Throw Relay (Finals)
Lifeguard Skills Relay (Finals)

Iroquois Ridge Community Centre

Sunday July 29th

7:15 am Officials Meeting
7:45 am Award Presentations
7:45 am Lock-Up for First Aid (Prelims)
8:30 – 10:00 am First Aid (Prelims)
10:30 am Lock-Up for First Aid (Finals)
11:00 am – 1:30 pm First Aid (Finals)
2:00 pm Lock-Up for Water Rescue (Finals)
2:30 – 5:00 pm Water Rescue (Finals)
5:30 pm Award Presentations

Iroquois Ridge Community Centre

ONTARIO LIFEGUARD CHAMPIONSHIPS

Club Registration

Please use one form for each club (Type or BLOCK letters only).

Club or Affiliate		
Mailing address		Apt or Suite
City	Province	Postal Code
Coach Name		() Home/cell Phone
Email (that will be checked regularly in the week preceding the Championships)		() Business Phone
Note: Each completed registration must include the following forms: Registration with payment, Waiver & Release, Event Entries.		
Competitor fee	@ \$21.45 / per person =	
Technical Event Entry fee (per team per event)	@ \$26.75 / event =	
Relay Event Entry fee (per team per event)	@ \$10.70 / event =	
TOTAL AMOUNT OWING		

Payment	
<input type="checkbox"/> Cheque	<input type="checkbox"/> Money Order
<input type="checkbox"/> Visa	<input type="checkbox"/> Master Card
<input type="checkbox"/> AMEX	<input type="checkbox"/> P.O. #
Credit Card #	Expiry Date

Card holder name	Card holder signature

*Mail, fax or email:
 Lifesaving Society
 2018 Championship Registration
 400 Consumers Road
 Toronto, Ontario M2J 1P8
 Fax 416 490 8766
 Email sport@lifeguarding.com*

ONTARIO LIFEGUARD CHAMPIONSHIPS

Waiver & Release Form

Please read carefully before signing

1. Conduct

I agree to abide by the rules, regulations and code of conduct of the championship, and further to behave in a manner consistent with ideals of good sportsmanship.

2. Voluntary Assumption of Risk

As a competitor in a lifeguard competition, I recognize that there are certain risks inherent in the activity as a result of factors including but not limited to, stress, number of people, water temperature and conditions. I have prepared myself for the competition and know of no factor or condition which should be disclosed to the organizers or which would make it unsafe for me to compete. I voluntarily assume all risks, both physical and legal including but not restricted to, loss of or damage to property, and personal injury including permanent disability or death.

3. Waiver of Liability

As a condition of entry and in consideration of my application as an individual or as a part of a team being accepted, I hereby waive my right to make any claim, whether for negligence or otherwise against the Lifesaving Society, the host, the facility operator, owner or occupier, the sponsors, the organizing committee or any of the servants, agents, affiliates, volunteers, judges, officials or other persons involved in the organization or running of the competition, events or associated activities. I further agree to indemnify and hold harmless all of the above, from any claim made on my behalf or as a result of injury to my person or property. I recognize that competitors are responsible for their own medical coverage.

4. Model Release

I transfer to the Lifesaving Society all rights whatsoever which I have in photographs and/or videos which photographers may have taken. I consent to the use of the photographs/videos for all purposes whatsoever, including without limitation, television, publications, and any trade or advertising purposes.

I have carefully read and understood the four conditions of entry and in consideration for being allowed to compete, I have executed them voluntarily intending to be bound thereby and intending these conditions to be binding of my heirs, personal representatives and assigns.

Print name

Signature (Parent if under 18)

Date

<i>COACH:</i>		

ONTARIO LIFEGUARD CHAMPIONSHIPS

Team Event Entry – Technical

Please use one form for each team.

Club: _____

Coach: _____

A team must consist of three or four competitors with any combination of males or females for any simulated emergency response event. Team composition must remain the same for heats and finals in any simulated emergency response event. Competitors are allowed to enter each event only once. Please identify with a letter the group of 4 athletes who are on the same team.

PLEASE PRINT CLEARLY.

<i>Competitor Name & Gender</i>		<i>Registered Athlete Number</i>	<i>Date of Birth (yy/mm/dd)</i>	First Aid	Water Rescue	Priority Assessment	Total events
<i>Jane Smith</i>	M F			A	B	A	3
	M F						
	M F						
	M F						
	M F						
	M F						
	M F						
	M F						
	M F						

ONTARIO LIFEGUARD CHAMPIONSHIPS

Team Event Entry – Physical

Please use one form for each team.

Club: _____

Coach: _____

A team must consist of two males and two females for any relay event. **Event entries must indicate personal best times for seeding purposes – no time (NT) will not be accepted.** Competitors are allowed to enter each event only once. Please identify with a letter the group of 4 athletes who are on the same team. **PLEASE PRINT CLEARLY.**

Competitor Name & Gender		Registered Athlete Number	Date of Birth (yy/mm/dd)	4 x 50 Obstacle Relay	4 x 50m Medley Relay	4 x 25m Manikin Relay	Line Throw Relay	Lifeguard Skills Relay	Total events
Jane Smith	M F			2:06.91	1:57.72	1:43.49	1:33.91	3:01.71	5
	M F								
	M F								
	M F								
	M F								
	M F								
	M F								
	M F								
	M F								